

The Real Food



About TanisFood

We are proud to have retained the artisanal character of our products, differentiating us from the rest of our competitors.

All our products go through as little processing as possible to look and taste as if you made them yourself. Our production lines are custom-made so that every single unit produced is similar but not the same giving a handmade look.

Three Different Production Lines

Raw Vegetables
Processing Line

Handmade Products
Production Line

Vertical Production line

Salt Reduction Strategy

Following the directions of the international community for the production of products with reduced or no salt, we adjust our recipes and by carrying out taste tests and conducting A/B tests, we manage to achieve this goal.

Food Additives Policy

We have developed our product design and development processes based on the following principles, minimizing or even eliminating the use of additives in both production and final products:

Suppliers selection

We select our suppliers with strict criteria, so that we receive superior quality raw materials

Equipment Upgrade

We are constantly upgrading our equipment in order to produce quality consistent products without additives.

Stored Method

All produced products are kept in the freezer, maintaining their freshness, without the use of additives

Automating Procedures

All processes are supported and monitored electronically through a customized ERP, MRP system, including full traceability, from the receiving of raw materials to delivering products to our customers.

Contact our company in order to be informed about the privileges we offer to our customers



Scan the QR on each product to see its detailed information.

Reference points

1992

Establishment of a Tanis family company.
The main guide is Thomas Tanis, with more than 20 years
of culinary experience

2003

Start of export activity

2005

Company certification according to ISO 9001 and HACCP
standards, with annual renewal until today



2014

Second generation of the family takes over management

2022

30 years celebration of continuous and successful
operation of the company



1995

Creation of production, processing, packaging and
storage laboratories, in 1000 sq m facilities, via a
self-financed investment

2004

Use of international GS1 standards, incorporating GTIN
and SSCC codes in all our shipments



2007

Beginning of participation in international trade fairs

2016

Beginning of an organized effort to protect the
Environment, with a reduction in material and energy
consumption and the simultaneous implementation of
Recycling



2023

Superior Taste Award for the Authentic Arabic Falafel,
from the International Taste Institute

Implementation of Rebranding with Logo change, renewal
of packaging and corporate identity

Croquettes



Small crispy croquettes, with fine chopped ingredients, smooth texture and mild taste.
A burst of delight.



Weight	Dimensions	Unit	Box	Pallet
20g	Ø: 3cm, l: 3cm	1 Kg (50 pcs)	6 x 1 Kg	648 Kg (108 x 6Kg)
20g	Ø: 3cm, l: 3cm	240g (12 pcs)	15 x 240g	389 Kg (108 x 3.6Kg)
20g	Ø: 3cm, l: 3cm	420g (21 pcs)	14 x 420g	637 Kg (108 x 5,9Kg)



Preparation



For more information about the preparation time of the products, you can scan the QR

Semi Hard Cheese Croquettes



Code: 101 20g




Cheese Croquettes




Code: 102 20g



Spicy Croquettes with Cheese



Code: 116 20g



Croquettes with Semi Hard Cheese and Coldcuts



Code: 103 20g



GOLD Croquettes



Code: 580 20g




Shrimp Croquettes



Code: 107 20g



Potato Croquettes



Code: 115 20g




Eggplant Croquettes




Code: 104 20g



Vegetable Croquettes



Code: 105 20g




Chocolate & Praline Croquettes



Code: 108 20g mto*



Mezeklidia with White Cheese



Code: 721 20g mto*



Mezeklidia with Hard and Semihard Cheeses



Code: 722 20g mto*



mto*: Make to order

Mini Bites



Delicious mini burgers, with coarsely cut ingredients and rich flavour. Perfect for a bite.



Weight	Dimensions	Unit	Box	Pallet
30g	Ø: 5cm, l: 1.3cm	1 Kg (33 pcs)	6 x 1 Kg	648 Kg (108 x 6Kg)
30g	Ø: 5cm, l: 1.3cm	240g (8 pcs)	15 x 240g	389 Kg (108 x 3,6Kg)
30g	Ø: 5cm, l: 1.3cm	420g (21 pcs)	14 x 420g	637 Kg (108 x 5,9Kg)
40g	Ø: 6.5cm, l: 1.3cm	1 Kg (25 pcs)	6 x 1 Kg	648 Kg (108 x 6Kg)

Preparation



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Authentic Falafel

Code: 591 30g



Tomato Mini Bites

Code: 204 30g



Zucchini Mini Bites

Code: 203 30g



Eggplant Mini Bites

Code: 214 30g



Chickpeas Mini Bites

Code: 211 30g



Fava Beans Mini Bites

Code: 559 30g



Onion Mini Bites

Code: 213 30g



Octopus Mini Bites

Code: 206 30g



Olive Mini Bites

Code: 212 30g mto*



mto* : Make to order

Burgers



Delicious burgers with vegetables and legumes, in authentic flavor and color.
Double delight, in dish or on bread.



Weight	Dimensions	Unit	Box	Pallet
60g	Ø: 6cm, l: 1.8cm	3 Kg (50 pcs)	2 x 3 Kg	648 Kg (108 x 6Kg)
110g	Ø: 11cm, l: 1.8cm	1 Kg (9 pcs)	6 x 9 pcs	648 Kg (108 x 6Kg)
110g	Ø: 11cm, l: 1.8cm	220g (2 pcs)	15 x 220g	357 Kg (108 x 3,3Kg)
110g	Ø: 11cm, l: 1.8cm	440g (4 pcs)	9 x 440g	432 Kg (108 x 4Kg)

Preparation



For more information about the preparation time of the products, you can scan the QR





Vegetable Burger



Code : 205
Ø: 11 cm
l: 1.8 cm
w: 110 g



Authentic Falafel



Code : 591
Ø: 11 cm
l: 1.8 cm
w: 110 g



Green Vegetable Burger



Code : 635
Ø: 11 cm
l: 1.8 cm
w: 110 g



Red Vegetable Burger



Code : 636
Ø: 11 cm
l: 1.8 cm
w: 110 g



White Vegetable Burger



Code : 644
Ø: 11 cm
l: 1.8 cm
w: 110 g

Products with Fyllo



Fyllo pastry, filled and rolled in a variety of fillings. A unique mouthfulling experience.



Weight	Dimensions	Unit	Box	Pallet
30g	Ø: 2.7cm, l: 6.5cm	3 Kg (100 pcs)		684 Kg (228 x 3Kg)
60g	Ø: 3cm, l: 12cm	3 Kg (50 pcs)		684 Kg (228 x 3Kg)
60g	Ø: 3cm, l: 12cm	1 Kg (16 pcs)	5 x 1 Kg	540 Kg (108 x 5Kg)
60g	Ø: 3cm, l: 12cm	240g (4 pcs)	15 x 240g	389 Kg (108 x 3.6Kg)

Preparation



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Semi Hard Cheese and Coldcut Rolls

Code: 201 30g, 60g



Vegetable Spring Rolls

Code: 208 30g, 60g



Pastrami & Cheese Rolls

Code: 209 30g, 60g



Anthotyro Cheese Rolls

Code: 628 30g, 60g



Saganaki Fyllo filled with Cheese and Sesame

Code: 597 100g



Triangular Fyllo filled with Cheese

Code: 207 30g



Sundried Tomato & Cheese Rolls

Code: 202 30g, 60g
mto*



Spinach & Cheese Rolls

Code: 602 30g, 60g
mto*



Triangular Fyllo filled with Spinach and Cheese

Code: 434 30g
mto*



mto* : Make to order

Appetizers



A specialty category offering appetizing products, using traditional vegetables and ingredients. The ultimate presentation advantage.



Weight	Dimensions	Unit	Box	Pallet
40 - 150 g	Ø: 5cm, l: 1.3cm	1 Kg (9 - 25 pcs)	6 x 1 Kg	648 Kg (108 x 6Kg)
80g	Ø: 5cm, l: 1.3cm	3 Kg (37 pcs)	2 x 3 Kg	648 Kg (108 x 6Kg)
35g	Ø: 5cm, l: 1.3cm	250g (7 pcs)	15 x 250g	410 Kg (108 x 3.8Kg)

Preparation



For more information about the preparation time of the products, you can scan the QR





Stuffed Potato with Cheese, Ham and Bacon



Code : 218
Ø: 5-8 cm
l: 10-13 cm
w: 120 g



Mushroom stuffed with Semi Hard Cheese and Coldcuts



Code : 154
Ø: 6 cm
l: 4-5 cm
w: 80 g



Eggplant Roll stuffed with Cheese



Code : 406
Ø: 4 cm
l: 7 cm
w: 40 g



Roasted Red Pepper with Cheese Filling



Code : 216
Ø: 3.5-5 cm
l: 11-15 cm
w: 100 g



Cheese and Coldcuts Sticks



mto*

Code : 648
Ø: 3 cm
l: 8 cm
w: 40 g



Croquettes Saganaki



mto*

Code : 649
Ø: 4 cm
l: 4 cm
w: 30 g

mto*: Make to order

Crepes



Baked crepes wrapped and rolled with an assortment of fillings. A category of ready to eat products.



Weight	Dimensions	Unit	Box	Pallet
55g	Ø: 3cm, l: 10cm	3 Kg (55 pcs)		684 Kg (228 x 3Kg)
55g	Ø: 3cm, l: 10cm	275g (5 pcs)	15 x 275g	445 Kg (108 x 4.1Kg)

Preparation



For more information about the preparation time of the products, you can scan the QR





Crepes with Chicken Gyros



mto*

Code: 546

w : 55 g



Crepes with Pork Gyros



mto*

Code: 545

w : 55 g



Crepes with Semi Hard Cheese and Coldcuts



mto*

Code: 400

w : 55 g



Crepes with Chocolate Praline



mto*

Code: 401

w : 55 g



Crepes with Chocolate Praline and Biscuit



mto*

Code: 551

w : 55 g



Crepes with White Chocolate Praline



mto*

Code: 550

w : 55 g

mto* : Make to order



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